



# QUAKER VOLUNTARY ACTION

**QVA provides practical opportunities to put faith into action. Working retreats combine practical work with reflection, free time, fellowship and fun.**

**Join a working retreat this year!**

**LANCUT, POLAND: 21-28 July**

We'll stay on a small ecofarm in Rakszawa in the beautiful south east of Poland. The farm is run with the goal of promoting wellbeing and community-based, sustainable traditions.

**THE PALES, UK: 3-6 August**

Summer in Powys! Join QVA's first working retreat at the oldest Quaker Meeting House in continuous use in Wales. Now being renovated and opened to the public, work will be in the organic vegetable garden or 17th-century Quaker burial ground.

**SWARTHMOOR, UK: 10-14 September**

Enjoy autumn in Swarthmoor's beautiful grounds. Project work will be in the gardens and grounds, or in the historic house.

**ISRAEL-PALESTINE: 15-26 October**

A study tour and encounter programme in and around Ramallah, Jerusalem and Tel Aviv supporting community activities including the olive harvest, planned in collaboration with Ramallah Friends Meeting. A unique opportunity to learn about the region.



**Our events are open to Quakers and to those who wish to learn more about the Quaker way.**

**For more info and  
to apply visit  
[qva.org.uk](http://qva.org.uk) or call  
07530 844611**