

## Quaker Voluntary Action Working Retreats

**Community  
Spirituality  
Friendship  
Learning  
Practical  
Rewarding  
Fun!**

### DAILY PROGRAMME

- Morning Meeting for Worship
- 3 hours Work
- 2 led Reflection Sessions
- Free time & Social time
- Evening Epilogue

### PRACTICALITIES

- Participants arrange and pay their own travel to the event.
- The host Meeting or organisation provides free accommodation either on-site or in local Friends' homes.
- The cost for most events covers food plus a registration fee. Bursary help is available - please enquire.
- Meals are vegetarian and cooked communally by the group.
- Work tasks vary and will be matched to participants' skills, capabilities and preferences.
- QVA covers personal accident insurance.

## FAITH IN ACTION

QVA offers adventurous opportunities for volunteering that combine meaningful practical work with time for spiritual engagement and reflection.

We work in partnership with Quaker Meetings & Centres, and other organisations, to promote our Quaker witness to sustainability and peace. Through nurture and stewardship, people and places can flourish.

### JOIN US...

Our projects are open to people of all ages (18 to 80+) and abilities; Quakers and those in sympathy with Friends; all nationalities (though the working language is English).

To book a place on a Working Retreat, to invite QVA to run an event or to join our mailing list for future events contact:

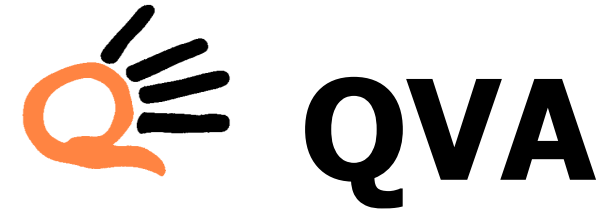
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## WORKING RETREATS PROGRAMME 2010



## QUAKER VOLUNTARY ACTION

*"A wonderful experience of community;  
it's what sustains... sharing, caring &  
working together."*



## CONGENIES: FRANCE

MARCH 20 – 27 (Sat to Sat)

The QVA Spring season begins with a visit to the recently re-founded 19<sup>th</sup> century Quaker Centre in the South of France. We will help with the development and redefining of areas in the grounds including patios, walls and the historical burial site.

**£120 / €130**

## AIRTON & SAWLEY: UK

APRIL 17 – 24 (Sat to Sat)

This project brings together two early Meeting Houses on the Yorkshire/Lancashire border. We will stay at the Airton Meeting House hostel on the Pennine Way and explore local Quaker history through walks and talks. Work will include restoring a floor and gardening activities.

**£120 / €130**



*"I stand alone... in peace, yet...  
I'm surrounded by creation's cacophony  
My life hums... to the rhythm of silence  
In the bustle I jostle for my place  
And find it... inside."*

*Sale, Cheshire 2009*

## QUAKER VOLUNTARY ACTION WORKING RETREATS 2010

**We celebrate the 350<sup>th</sup> anniversary of the declaration of our Quaker Peace Testimony and draw on its vision and historical influence for our reflective and creative shared explorations in each project.**

## SWARTHMOOR: UK

May 10 - 14 (Mon to Fri)

Enjoy a Spring project in the Lake District. Working in Swarthmoor's extensive grounds can include anything from gentle weeding to building a rockery or managing the meadow.

**£90 / €100**

## MOYALLON: IRELAND

JULY 17 - 24 (Sat to Sat)

The Quaker Retreat Centre in a beautiful rural area near Belfast will host us for a summer week of mainly outdoor tasks and complementary reflection activities. There will be opportunities to engage with the Northern Ireland Peace issues.

**£120 / €130**

## ASHFORD: UK

August 20 - 23 (Fri to Mon)

For this long weekend, we will be staying with local Friends of this Meeting in Kent. The work will be decorating the old library and schoolroom.

**£60 / €65**

## SWARTHMOOR: UK

OCTOBER 17 - 22 (Sun to Fri)

We make an Autumn visit to Swarthmoor Hall where Quaker roots go back to the 17<sup>th</sup> Century. Seasonal gardening tasks are likely to include tree work, and evenings around the bonfire or indoor log fire will help warm our spirits! For the afternoon off, you could visit the nearby historic market town of Ulverston where George Fox arrived in 1652

**£125 / €135**

## RAMALLAH: PALESTINE

OCTOBER 27 – NOV 5 (Wed to Fri)

Building on our pioneer project in 2009, we return to the region and will be based at the Friends International Center in Ramallah near Jerusalem. Work will include supporting the olive picking harvest. There is a strong study element and balanced encounter with the Palestinian/Israeli situation in this event.

**£280 / €310** (inc. guesthouse accommodation)



*"Enlightening & enriching about other cultures and their struggles. It was a joy to meet people, share stories, show empathy"*

*Ramallah 2009*

