

## Quaker Voluntary Action Working Retreats

**Community & Friendship  
Spirituality & Learning  
Practical, Rewarding & Fun!**

### DAILY PROGRAMME

- Meeting for Worship
- Practical Work Around 3 Hours
- Reflection Session
- Free Time & Social Time
- Evening Epilogue

### PRACTICALITIES

- Participants arrange and pay their own travel costs.
- The host Centre or Organisation provides on-site accommodation.
- The cost for events covers all meals which are vegetarian and cooked communally by the group.
- Work tasks vary and will be matched to participants' skills and capabilities.
- Each project is led by an experienced facilitator.
- Groups are usually 8-16 people aged 18 to 80+ and all abilities.
- Projects are open to Quakers, those in sympathy with or enquiring about Friends, and all nationalities.
- Bursary help is available – please enquire.
- QVA covers personal accident insurance only.

## FAITH IN ACTION 2011

QVA offers adventurous opportunities for volunteering that combine meaningful practical work with time for spiritual engagement, encounter and reflection.

In 2011 we shall be focussing our attention on the issue of sustainability in the light of our Quaker testimonies to simplicity, peace, equality and truth.

Working in partnership with Quaker Meetings, Centres, and Organisations, we will seek to develop our Quaker witness to sustainability. Through nurture and stewardship, people and places can flourish.

### JOIN US...

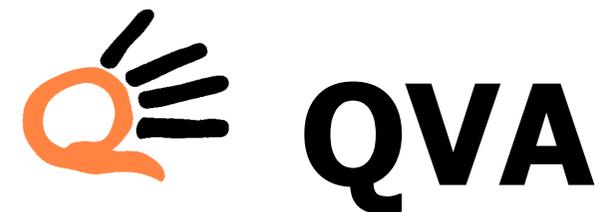
To book a place on a Working Retreat, to invite QVA to run an project or to join our mailing list for future events contact:

**Jasmine Piercy**  
**QVA Working Retreats Co-ordinator**  
**60 Springfield Road, Wellington**  
**Somerset TA21 8LG U.K.**  
**Tel: 00 44 (0)7910 434941**

**Email: [jasmine@qva.org.uk](mailto:jasmine@qva.org.uk)**

[www.qva.org.uk](http://www.qva.org.uk)  
Charity reg. no: 1083412

Printed on recycled paper



## WORKING RETREATS PROGRAMME

# 2011



-Sorting olives under the trees in Palestine-

### QUAKER VOLUNTARY ACTION

*"A tremendous opportunity to work together and learn about a very complex situation... We met some astonishing people and were made so welcome."*  
Ramallah 2010

## RAMALLAH: PALESTINE

**APRIL 6-15 (Wed-Fri) £360**

We are expanding our involvement in the region to include a Spring project supporting local agricultural activities. We work in collaboration with the Friends International Centre in Ramallah near Jerusalem. There is a strong study element and balanced encounter with the Palestinian/Israeli situation in this event. A preparation day will be held in March.

## SWARTHMOOR: UK

**APRIL 11-15 (Mon-Fri) £100**

Enjoy Spring in the beautiful Lake District. The work in Swarthmoor's extensive grounds can include anything from gentle weeding to building a rockery or managing the meadow.



*"The blend of physical labour, meditation, sharing food & humour was invigorating."*

*Congenies, France 2010*

## QUAKER VOLUNTARY ACTION WORKING RETREATS 2011

### LAREN: HOLLAND

**MAY 1-8 (Sun-Sun) £175**

This is a joint Quaker/Yoga event at the Okido Centre near Deventer which is developing its lovely gardens. No previous yoga experience is required. We will visit Woodbrookershuis with its little Quaker Meeting House in the woods!

### SVARTBÄCKEN: SWEDEN

**JULY 9-16 (Sat-Sat) £175**

The Quaker Retreat Centre in a stunning lakeside location near Stockholm will host us for a summer week of outdoor work tasks and complementary reflection activities including walking the Svartbäcken labyrinth!

### BARMOOR: UK

**JULY 18-22 (Mon-Fri) £25**

After our successful pilot project in 2010 we are offering young people aged 15-25 with Autism a fun week developing social skills, enjoying the Yorkshire moors, coast & peace of Barmoor. Volunteer helpers also required and training will be provided.

### BAMFORD: UK

**SEPTEMBER 3-10 (Sat-Sat) £150**

We launch a new collaboration with 'Living Witness' the Quaker sustainability project, at the Quaker Community in the Peak District. There will be a distinct sustainability study element alongside work in the extensive eco-managed grounds.

## SWARTHMOOR: UK

**OCTOBER 3-7 (Mon-Fri) £100**

Our Autumn visit to Swarthmoor includes seasonal gardening tasks such as tree work. Evenings around the bonfire and indoor log fire will help warm our spirits! Quaker roots at Swarthmoor go back to the 17<sup>th</sup> Century.

## RAMALLAH: PALESTINE

**OCTOBER 19-28 (Wed-Fri) £390**

We return to the region for our annual support of the olive picking harvest. There is a strong study and encounter element with the Palestinian/Israeli situation in this event based in and around the Friends International Centre in Ramallah. A preparation day will be held in September.



*"I valued the conversations, walks & the quiet... Thank you for a place where the winds of the spirit could blow through."*

*Moyallon, Ireland 2010*