

## BAMFORD

**May 9-14 (Tue-Sun: 5 days)**

**12 places | £150**

Quaker Community gardening for sustainability  
Sowing seeds & planting out  
Walking & cycling in stunning Peak District

**Facilitators:** Linda Southwick & Zee Zee Heine  
**Bookings:** mail@quakercommunity.org.uk

## ESTONIA

**June 26-July 7 (Mon-Fri: 12 days)**

**10 places | £320**

Social care activities at family refuge  
Reparation, brick-laying, decorating, carpentry  
Enjoy national song & dance festival in Tallinn

**Facilitators:** Jasmine Piercy & Alex Gorbenko  
**Bookings:** jasmine@qva.org.uk

## POLAND

**July 17-24 (Mon-Mon: 7 days)**

**12 places | £160**

Farm coop training young adults with disabilities  
Clear land, chop wood, create attractive areas  
Music-making, games & swimming at the lake

**Facilitators:** Alex Gorbenko & Jasmine Piercy  
**Bookings:** jasmine@qva.org.uk



# QVA 2017

## QUAKER VOLUNTARY ACTION

[www.qva.org.uk](http://www.qva.org.uk)

**f: Qva Coordinator**



-Wheelbarrows at Swarthmoor-

## QVA WORKING RETREATS

**Opportunities for practical engagement with elements of study, reflection & fellowship**

**'Let your lives speak'**

**Theme for 2017:  
Faith & Freedom: the Way of Prayer**

## SWARTHMOOR

**Sept 4-9 (Mon-Sat: 5 days)**

**10 places | £185**

Gardening & study tour at Swarthmoor Hall  
Connect with Quaker 1652 history  
Visit Brigflatts, Firbank Fell, Quaker Tapestry

**Facilitators:** Linda Southwick & tbc  
**Bookings:** info@swarthmoorhall.co.uk

## SLOVENIA

**Sept 16-23 (Sat-Sat: 7 days)**

**12 places | £280**

Sustainability study tour & hands on permaculture  
Ljubljana's 'Green Capital of Europe 2016' successes  
Bicycling, bathing & a bus run on sunshine

**Facilitators:** Jasmine Piercy & tbc  
**Bookings:** jasmine@qva.org.uk

## RAMALLAH

**Oct 9-20 (Mon-Fri: 12 days)**

**12 places | £520**

Challenging study tour & encounter programme  
Supporting the annual olive harvest  
Israel & Palestine situation in a Quaker context

**Facilitators:** Michele Gerard & David Grundy  
**Bookings:** micha41@hotmail.co.uk