

QUAKER VOLUNTARY ACTION

WORKING RETREATS

**Community - Friendship - Learning
Practical - Rewarding - Fun**

DAILY PROGRAMME

- Morning meeting for worship
- Practical work around 3 hours
- Afternoon reflection session
- Social time and personal time
- Evening epilogue to close the day

PRACTICALITIES

- Participants arrange and pay all their own travel and insurance costs. (QVA's insurance covers only its own public liability.)
- The host Centre, Organisation or Meeting provides accommodation.
- The cost for events includes all meals which are vegetarian and usually cooked communally by the group.
- Work tasks vary and will be matched to participants' skills and capabilities.
- Each project is led by a pair of experienced facilitators.
- Groups are usually 8-12 people aged 18 to 80+ and of all abilities.
- Projects are open to Quakers, those in sympathy with or enquiring about Friends, and all nationalities.

BURSARIES: We would not wish cost to prevent anyone from attending. Bursary help is available- please enquire. You may also be able to get financial support from your Quaker Meeting.

FAITH IN ACTION

QVA offers adventurous opportunities for volunteering that combine meaningful practical engagement with learning, spiritual encounter and reflection. The Working Retreat programme encourages an active witness to our testimony to sustainability and peace. In partnership with Quaker Meetings, Centres and other organisations, we seek to deepen this commitment. Through companionship, nurture and stewardship, people and places can flourish.

FAITH & FREEDOM: THE WAY OF PRAYER

Our 2017 theme focuses on prayer – individually and in unity with others. Whatever form our faith may take, we are free to pray in a way that is true for us. Drawing on inspirational texts, other resources and our own story, we can share what we have discovered so far on our journeys. There will be opportunities to explore our joys, challenges, dilemmas and hopes, through prayer.

For enquiries about a specific working retreat refer to the bookings information overleaf

For general information contact:

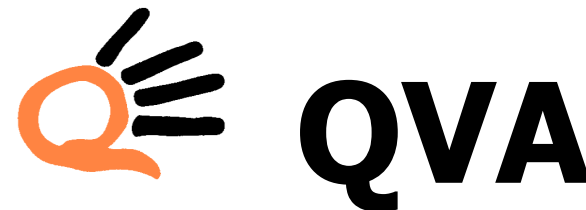
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www.qva.org.uk

Charity reg. no: 1083412
Printed on forestry stewardship paper



2017 PROGRAMME

WORKING RETREATS

Practical engagement, with elements of study, reflection and fellowship

'Let your lives speak'



- Olive picking in Palestine -

"A tremendous opportunity to work together and learn about a very complex situation... We met some astonishing people and were made so welcome."

QUAKER VOLUNTARY ACTION

BAMFORD

May 9-14 (Tue-Sun: 5 days)

12 places | £150

The Quaker Community in Derbyshire welcomes us for seasonal tasks in their 11 acres managed for sustainability. We'll be preparing the ground, sowing seeds and planting out. There'll be plenty of opportunities for walking or cycling in the stunning surrounding Peak District.

Facilitators: Linda Southwick & Zee Zee Heine

Bookings: mail@quakercommunity.org.uk



- Meadow Mowing, Bamford -

ESTONIA

June 26-July 7 (Mon-Fri: 12 days)

10 places | £320

We are invited to assist with social care activities at the family refuge in Sillamae, by the Baltic Sea. There'll also be reparation work including brick-laying, decorating and carpentry. Our middle weekend provides an exciting opportunity to attend the national song and dance festival in Tallinn!

Facilitators: Jasmine Piercy & Alex Gorbenko

Bookings: jasmine@qva.org.uk

QUAKER VOLUNTARY ACTION 2017

POLAND

July 17-24 (Mon-Mon: 7 days)

12 places | £160

We'll be working on a small farming cooperative which provides practical training for young adults with disabilities: clearing land, chopping wood, creating attractive areas. There'll be music-making, games and swimming at the lake – an international family friendly project.

Facilitators: Alex Gorbenko & Jasmine Piercy

Bookings: jasmine@qva.org.uk



- Quilt Garden, Swarthmoor -

SWARTHMOOR

Sept 4-9 (Mon-Sat: 5 days)

10 places | £185

A 1652 study tour and work project combining Quaker history with garden tasks at Swarthmoor Hall, the cradle of Quakerism in the beautiful Cumbrian Lakes. Visits to Brigflatts, Firbank Fell and the Quaker Tapestry. A chance to dig deep into our roots while digging deep into the earth!

Facilitators: Linda Southwick & tbc

Bookings: info@swarthmoorhall.co.uk

SLOVENIA

Sept 16-23 (Sat-Sat: 7 days)

12 places | £280

A sustainability study tour engaging with civic and community initiatives including some hands on permaculture. We'll draw inspiration from Ljubljana's 'Green Capital' successes and enjoy bicycling, bathing and a bus run on sunshine!

Facilitators: Jasmine Piercy & tbc

Bookings: jasmine@qva.org.uk



- Sustainability Successes, Slovenia -

RAMALLAH

Oct 9-20 (Mon-Fri: 12 days)

12 places | £520

A challenging study tour and encounter programme partly in collaboration with Ramallah Friends Meeting. We've been supporting the olive harvest in the region for 8 years. A unique opportunity to learn about the Israel/Palestine situation within a Quaker context.

A preparation day will be held Sat 19th Aug.

Facilitators: Michele Gerard & David Grundy

Bookings: micha41@hotmail.co.uk