

Quaker Voluntary Action Working Retreat BAMFORD, UK

9th – 14th May 2017

**An opportunity to combine practical work with time
for spiritual reflection, learning and fellowship**

The Quaker Community in Derbyshire welcomes us for seasonal tasks in their 11 acres managed for sustainability. We'll be preparing the ground, sowing seeds and planting out. There'll be plenty of opportunities for walking or cycling in the stunning surrounding Peak District.

Our theme for reflection focuses on prayer – individually and in unity with others. Whatever form our faith may take, we are free to pray in a way that is true for us. Drawing on inspirational texts, other resources and our own stories, we can share what we have discovered so far on our journeys. There will be opportunities to explore our joys, challenges, dilemmas and hopes, through creative prayer.

- The event is open to Friends and those in sympathy with Friends or who wish to learn more about the Quaker way
- Each day has a balance of practical work, reflection sessions, social time, shared meals and some free time
- There are half hour Meetings for Worship each morning and the evenings close with a gathered Epilogue
- Food is vegetarian and volunteers help with cooking
- Accommodation is in single or twin rooms
- Work activities vary to suit abilities and ages 18 to 80+
- The facilitators are Linda Southwick and Zee Zee Heine

Cost £150

**For further details/application form please contact:
mail@quakercommunity.org.uk**