

# **QUAKER VOLUNTARY ACTION WORKING RETREAT SILLAMAE, ESTONIA**

**3<sup>rd</sup> – 10<sup>th</sup> July 2017**

**An opportunity to combine practical work with time  
for spiritual reflection, enjoyment and fellowship**

We are invited to assist with social care activities at the family refuge in Sillamae, in the east by the Baltic Sea. There'll also be reparation work including brick-laying, decorating and carpentry. The project is for a week but there is the option to arrive early and experience a weekend in Tallinn for the national song and dance festival. Our theme for reflection focuses on prayer – individually and in unity with others. Whatever form our faith may take, we are free to pray in a way that is true for us. Drawing on inspirational texts, other resources and our own stories, we can share what we have discovered so far on our journeys. There will be opportunities to explore our joys, challenges, dilemmas and hopes, through creative prayer.

- The event is open to Friends and those in sympathy with Friends or who wish to learn more about the Quaker way
- Each day has a balance of practical work, reflection sessions, social time, shared meals and some free time
- There are half hour Meetings for Worship each morning and the evenings close with a gathered Epilogue
- Food is vegetarian and volunteers help with cooking
- Accommodation is in simple, shared outdoor cabins
- Work activities vary to suit abilities and ages 18 to 80+
- The facilitators are Jasmine Piercy and Alex Gorbenko

**Cost £220**

(includes all food & accommodation but not travel)

For further details/application form please contact:  
**[jasmine@qva.org.uk](mailto:jasmine@qva.org.uk)**