

QUAKER VOLUNTARY ACTION WORKING RETREAT CASUBIA, POLAND

17th – 24th July 2017

**An opportunity to combine practical work with time for
spiritual reflection, enjoyment and fellowship**

We shall be staying on a small farming cooperative about 100km south of Gdansk where the facilities are being developed to promote training for young adults with disabilities. The work in the extensive grounds will include developing attractive areas. There will be options to explore the region, swimming, music-making and games so this is definitely a family friendly project.

Our theme for reflection focuses on prayer – individually and in unity with others. Whatever form our faith may take, we are free to pray in a way that is true for us. Drawing on inspirational texts, other resources and our own stories, we can share what we have discovered so far on our journeys. There will be opportunities to explore our joys, challenges, dilemmas and hopes, through creative prayer.

- The event is open to Friends and those in sympathy with Friends or who wish to learn more about the Quaker way
- Each day has a balance of practical work, reflection sessions, social time, shared meals and some free time
- There are half hour Meetings for Worship each morning and the evenings close with a gathered Epilogue
- Food is vegetarian and volunteers help with cooking
- Accommodation is in simple, shared rooms with the option of staying in tents provided, for those who like to camp
- Work activities vary to suit abilities and ages 8 to 80+
- The facilitators are Alex Gorbenko and Jasmine Piercy

Cost £160

(please enquire about charges for children and participants from Eastern Europe)

For further details/application form please contact:

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